



THERAPY & EDUCATION CENTRE INC.  
**REACHING POTENTIAL TOGETHER**

## LITTLE MUNCHERS & CRUNCHERS GROUP PROGRAM

The Little Munchers and Crunchers Group is designed for children who are picky and fussy eaters. Based on the Sequential Oral Sensory (SOS) Approach to Feeding, it focuses on creating a positive and comfortable learning environment for children to explore and learn about the different properties of food, such as smell, texture, and taste.

### The group will help your child to:

- Learn to have a positive experience with food
- Learn mealtime routine and cues to eating
- Discover and explore food through their senses
- Learn through social modelling by imitating others
- Develop oral motor skills

Children will benefit with personalised assistance; each session will be hosted by an SOS trained Occupational Therapist and Speech Pathologist.

**Who:** Children who have a limited variety of tastes and textures in their diet, demonstrate food refusal, have challenging behaviours around eating and meal time, or experience difficulty participating at meal times.

A parent is required to attend the group with their child so that strategies can be practiced and further developed at home. Unfortunately supervision for siblings is not available.

**When:** Registrations are now open for TERM 1, 2018. The group is held weekly for a period of eight weeks, each session being held for one hour.

**Cost:** The group fees are highly subsidised and rebates through your private health provider or disability funding may apply.

**For more information or to register your place call 9313 65 66 or email [info@kidsarekids.org.au](mailto:info@kidsarekids.org.au)**

**REGISTER  
NOW!**

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