



THE THERAPY & EDUCATION CENTRE INC.  
**REACHING POTENTIAL TOGETHER**

## Circle of Security Parenting™ For parents of children with additional needs

Circle of Security Parenting™ is a relationship based parenting program based on decades of attachment research. This program is hosted by the Kids Are Kids! Clinical Psychology team who are registered Circle of Security Educators and specialise in working with families who have children with additional needs.

The 8 week program will cover the following areas:

- Understanding your child's needs
- How to help your child organise their feelings
- How to help your child feel secure in their relationships
- How to help your child to engage more in play and learning
- How to meet your child's emotional needs in tough times (challenging behaviours, tantrums, attention seeking, clinginess)
- How to manage your thoughts and feelings

The program is tailored for parents of children with additional needs including but not limited to ASD, ADHD, Fragile X Syndrome, Anxiety and Down Syndrome.

**When:** Term 2, you can choose between the following two sessions for the entirety of the 8 week program:

Each Tuesday, commencing 8 May to 26 June from 10:00 – 11:30am OR  
Each Wednesday, commencing 9 May to 27 June from 10:00 – 11:30am

**Cost:** FREE

**Where:** Kids Are Kids!, Fraggles Physio Room, 26 Parry Avenue, Bateman

**FREE!**

For more information or to register your place call 9313 6566 or email [info@kidsarekids.org.au](mailto:info@kidsarekids.org.au). Please be advised that a crèche will not be available.

The program is made possible by funding from the Helen Leech Endowment through Perpetual's IMPACT Philanthropy Program.

Speech Pathology | Occupational Therapy  
Physiotherapy | Clinical Psychology  
Parent Workshops & Support

[www.kidsarekids.org.au](http://www.kidsarekids.org.au)