



THERAPY & EDUCATION CENTRE INC.
REACHING POTENTIAL TOGETHER

INFANT MASSAGE GROUP PROGRAM

Our Infant Massage Group Program is the gold standard infant massage course in Australia. Kids Are Kids! are proud to be offering this program to families, run by a qualified Senior Physiotherapist.

Program inclusions:

- Theory and research behind infant massage
- Parent driven questions and discussions
- Information on Infant development, colic and reading infant cues
- Relaxation techniques for parent/caregiver
- Massage strokes, practice in class and take home hand-outs

Program benefits for baby:

- Soothes the nervous system
- Can assist with relieving tummy pains
- Promotes brain development and gross motor skills
- Improves interactions and bonding between baby and parents/caregivers
- Develop communication by understanding your baby's cues

Program benefits for parents and caregivers:

- Natural release of hormones can help with relaxation
- Promotes bonding and attachment
- Improves understanding of reading baby's cues
- Discover your baby's uniqueness
- Increase your confidence in parenting skills

**LIMITED
PLACES!**

When: Every Thursday for 5 weeks beginning 11 October, 9.00am-10.00am

Cost: \$150, payment essential prior to program commencement

Where: Kids Are Kids!, 26 Parry Avenue, Bateman

Call 9313 6566 or email info@kidsarekids.org.au to register your place

Speech Pathology | Occupational Therapy
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Parent Workshops & Support

www.kidsarekids.org.au