

Our Vision
Transforming children's lives

Our Mission
To help children flourish through
therapy and family support

Accessing our services

Families can contact us directly to access most of our therapy services. A referral from a doctor or other allied health professional is not required for our private services, but families need to meet eligibility requirements to access government funded programs.

Cost of services

The cost of service depends on the funding source, length and type of service required. Some therapy services can be partially claimed through Medicare if a referral for a GP / Team Care Arrangements Plan is made by a GP. Private health rebates may also apply. As a charitable organisation, the cost of Kids Are Kids! services are subsidised to be affordable for all families.

Payments and cancellations

Payment is required at the time of the service. Payment for assessments is required at the first assessment appointment. The assessment report will be released once full payment has been made. We require 24 hours notice for cancellation or rescheduling of appointments otherwise a 50% fee may apply.

Enquiries and appointments

We understand that the health system can be complex and we support families to understand which programs and services you may be eligible to receive. For further details about any of our programs or to discuss your child's difficulties and needs please contact us.

REACHING POTENTIAL TOGETHER

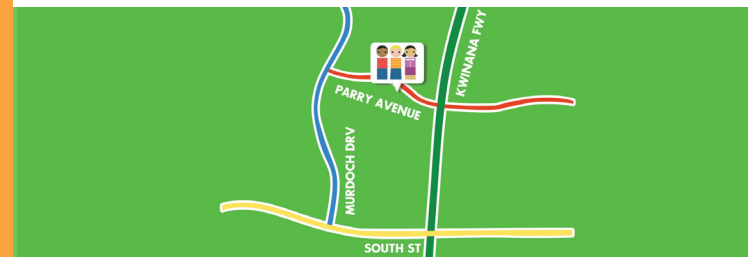
The Kids Are Kids! team is passionate about helping children and families.

Our dedicated team of qualified therapy professionals provide specialist therapy services including:



- Speech Pathology
- Occupational Therapy
- Physiotherapy
- Clinical Psychology
- Parent Workshops & Support

Kids Are Kids! is registered to provide supports for National Disability Insurance Scheme participants



a: 26 Parry Avenue Bateman WA 6150
p: PO Box 1096 Booragoon WA 6954



t: (08) 9313 6566
f: (08) 9313 5566



e: info@kidsarekids.org.au

Making Friends

www.kidsarekids.org.au

KIDS ARE KIDS!
THERAPY & EDUCATION CENTRE INC.

Most children want to have friends, but sometimes, are not sure how to find and keep them. When meeting new friends, most people like someone who has the following attributes:

- Smiles and is happy most of the time
- Isn't bossy
- Has similar interests and is willing to do things together
- Shares things
- Has a good sense of humour
- Listens when they want to talk
- Is kind
- Sticks up for them
- Does not change (being nice one day and mean the next)
- Has good communication skills
- Helps sort out conflicts
- Gives compliments rather than being critical

Social skill development is required in order for children to develop friendships. At Kids Are Kids! we can help through Speech Pathology, Occupational Therapy and Clinical Psychology to provide children with the skills necessary to be happy in a social setting.

To make friends, a child needs to learn how to:

- Asks others to play and let others join in
- Share
- Gives compliments
- Follow social rules
- Co-operate with other children
- Play games
- Be a good winner/loser

Interacting in a child care, school or any social setting does not always come naturally and some children need a little bit of help to learn these skills!

Making friends in a new environment, such as starting school, can be overwhelming and traumatic for a child. At Kids Are Kids! we have the experience to guide your child and you through this time.

How to recognise if your child is having difficulty making friends

If your child is experiencing difficulty making friends it can be just as challenging for the parent as it is for the child.

Some signs that may help you decide if you need to seek our assistance are if your child is experiencing difficulty with:

- Making eye contact
- Talking to friends when they are on their own
- Talking to friends in a group
- Talking to new people
- Listening to people when they talk to him
- Asking other people questions
- Taking turns in games and in play
- Understanding or expressing their emotions

Speaking with your child's carer or teacher at school or childcare, or to other parents may also help you to identify problem areas.

How we can help

Our dedicated team of therapists at Kids Are Kids! can work with you to identify problem areas in your child's social skills and can then develop an individualised plan to assist in targeting your objectives.

We may also have a group program aimed specifically at social development that your child can participate in.

One-on-one Speech Pathology can help to develop important conversational skills such as:

- Listening
- Looking

- Making comments
- Asking questions
- Taking turns
- Joining in
- Starting a conversation

Group social skills programs focus on developing your child's ability to interact with peers in play and show appropriate skills when conversing with others. Topics involved in forging friendships include:

- Introducing yourself to friends
- Sharing
- Participating in games
- Apologising

Our group program also aims to develop your child's problem solving skills when faced with a problem in the playground (e.g. bullying, no one to play with). Conflict resolution skills include:

- Recognising problems
- Generating solutions
- Seeing situations from another person's perspective
- Giving reasons for behaviour

We can also provide you with useful strategies to help develop your child's skills at home and in the long term. This will provide you with the skills required to help to guide your child through challenging times when making friends. We can:

- Help you tailor a social story which tells your child what to do or say in a specific social situation
- Show you how to role play social situations with your child so they know what to do in the playground
- Help your child to self-evaluate his social skills using a rubric. A rubric clearly shows your child what he should do compared to what he should not do.